



How can you help employees organize their medical history?

Try the Personal Health Record.

Benergy 2G! offers a private, online organizer, for employees to keep track of a variety of important medical facts, including:

- Family History
- Office Visits
- Health Journal
- Conditions
- Immunizations
- Medications
- Supplements
- Procedures
- Tests
- Insurance Contacts
- Pharmacies
- Healthcare Providers

Why use the Personal Health Record?

It's easy to lose track of medical events, tests, immunizations, even doctors! This could be vital information when employees encounter health problems. They can keep records for themselves and their family members in a secure environment that is for their eyes only.

How do you get started?

Create a Privacy Key
To keep your information secure and accessible only by you, please use a valid personal e-mail address. Your e-mail address will only be used for Privacy ID and Password support.

First Name

Last Name

E-mail Address * (personal e-mail preferred)

Confirm E-mail Address *

Privacy ID * (your private username)

Password * (6 characters, 1 number minimum)

It's easy to set up a secure PHR

The PHR comes with the Benergy 2G! portal. You just have to make sure it's activated. To build a health record in Benergy 2G!, employees create their own Privacy Key and then enter their health information. The Privacy Key, which is different from the ID and password they'll use to enter the portal, ensures that their health information is secure. Then they follow three simple steps...

1. **Add people.** Create a record for spouses, children, relatives, anybody!
2. **Start entering information.** Add information about office visits, diagnoses, symptoms, prescriptions and other health-related items.
3. **Return often.** Now your employees will have all of this important information available from any browser – at work, home, even the doctor's office.

ADAM Personal Health Record

This page lists the health conditions that you are tracking for a selected individual. A health condition can be a symptom, such as a recurring headache, or a disease or illness, like the flu or diabetes.

The purpose of this page is to track events like diagnoses, checkups, medication changes, symptom flare-ups, treatment dates, and related notes on a given health condition. Once you enter a condition, you can make as many separate entries for different events as you wish.

Evan Cleer, Jr.

Conditions Add Condition

Hypothyroidism			Add Event	Edit	Delete
04/04/2006	Got diagnosed	Noticed symptoms- consulted with Dr. Jones	View	Delete	
04/05/2006	Blood test	Baseline blood test	View	Delete	
04/10/2006	Test results	Test results confirmed condition	View	Delete	
04/11/2006	Prescription	Synthroid 75 mcg	View	Delete	
10/04/2006	Follow-up blood test	2nd blood test	View	Delete	
10/11/2006	Test results	Test results back - Dr. Jones changed prescription	View	Delete	
10/12/2006	New prescription	Script adjusted - Synthroid 100	View	Delete	
04/03/2007	Annual blood test				
04/10/2007	Test results				

Menu

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Personal Health Record
Safe, Private & Secure

My Info

ADAM Personal Health Record

The list below contains the people you have entered into your Personal Health Record. You can add your spouse, children, parents, or any others whose health you are responsible for managing. For each new person, just click "Add Record."

Records Add Record

First Name	Last Name	Gender	View	Delete
Krista	Cleer	Female	View	Delete
Evan	Cleer	Male	View	Delete
Evan	Cleer, Jr.	Male	View	Delete
Arluce	Jones	Female	View	Delete

Tracks entire family

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